

failure would still occur. This has raised the need for new drugs or combination regimen in the treatment of metastatic breast cancer (MBC). Unfortunately, based on limited data in the oncology literature, several agents including vinorelbine, capecitabine, ixabepilone and pegylated liposomal doxorubicin had only minimal antitumor activity (response rates ranged 10–20 %) in patients with MBC who progressed on first-line taxane-based treatment. There are limited published data demonstrating favorable response in MBC after the failure of taxane-based treatment or rechallenging with anthracyclines which were previously used in the adjuvant setting. Pegylated liposomal doxorubicin (Lipo-Dox®) is a non-toxic alternative agent to doxorubicin. The aim of this study is to evaluate the efficacy and safety of pegylated liposomal doxorubicin combination as second line treatment in patients with MBC who failed previous taxane-based treatment.

**Material and Methods:** From Aug. 2005 to Jul. 2010, 43 patients with MBC who progressed after prior treatment with taxane-containing regimen were recruited in this prospective, multicenter, single-arm, phase II trial. Treatment with pegylated liposomal doxorubicin 40 mg/m<sup>2</sup>, cyclophosphamide 500 mg/m<sup>2</sup> and 5-Fluorouracil 500 mg/m<sup>2</sup> were delivered every 3 weeks until disease progression or the appearance of intolerance toxicity. The primary endpoint of this study is objective response rate and the secondary objectives are to evaluate progression free survival (PFS), duration of response, overall survival (OS) and safety profiles.

**Result:** Forty-three patients were included in the analysis. The median age was 52.5 years (36–67.5) and ECOG performance status was 0–2. 77.8% of patients had visceral metastases and 55.6 % of patients had equal or more than three metastatic lesions. An objective tumor response was observed in 18 patients (41.9%), stable disease in 18 patients (41.9 %) and the clinical benefit rate (objective response rate plus stable disease greater than 6months) in 26 patients (60.47%). The median progression free survival (PFS) and overall survival (OS) were 8.2 and 36.6 months, respectively. The majority of adverse event were mild to moderate. Grade 3/4 neutropenia and leucopenia were observed 14% and 9% by cycles. 12% patients had grade 2–3 mucositis, but only 7% patients experienced grade 2/3 hand and foot skin reaction by cycles.

**Conclusion:** The pegylated liposomal doxorubicin, cyclophosphamide and 5-fluorouracil combination regimen showed promising response rate and manageable side effects. The regimen could be considered to be a treatment option for patients with MBC who failed previous taxane-based treatment.

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### Oral Vinorelbine (osVNR) – An Observational Study on Practical Matter in Three Italian Oncology Centers

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**Background:** osVNR is more expensive than iv VNR but according to several Authors it is much less time consuming for Patients (Pts), Nurses (drug preparation and administration) and Oncologists (Taylor, Proc NCRI 2005, Abs 435), preferred by Patients (Liu JCO 1997; Catania, BRCT 2005) and, actually, more cost/effective (Lelay, 2002; Mantovani 2005). Several variables as type of Institution (public or private), geographical situation and site of blood drawing could modify the final evaluation of osVNR in clinical practice.

**Patients and Methods:** we measured time spent by Pts and accompanying person (when applicable) for transfers, waiting and treatment, time of Nurses and Oncologists, toxicities (evaluated both by Oncologist and Pts) and overall Pts' feeling in 287 osVNR administrations (60 mgs/sqm dd 1,8–21 in 75.3%; metronomic 80 mgs/sqm dd 1,3 and 5/week qq 4 weeks, in 24.7%) (169 cycles in Trieste and 87 in Brindisi public Hospitals, 31 in Catania Humanitas private Hospital) in 44 metastatic breast cancer Pts.

**Results:** 80% of Pts had an accompanying person in all Centers. The ratio access/cycle is similar in public Institutions (0.94), higher in the private one (1.2). Similarly the time of Oncologist, 16 min/cycle versus 31. Blood drawing was done at home/near-home in 83.4% of cases in Catania, 63.2% in Brindisi and 16.6% in Trieste. Overall dosing mistakes were reported in 32.3% of cycles (16.7% Trieste; 43.8 Brindisi; 33.4 Catania). No difference between Centers in Nurse's time (13 min) was recorded. Pts transfer time is similar in Trieste and Catania (50 min) vs 136 min in Brindisi. G3 toxicity rate was 0% with metronomic dosing and 30% with the classic one, viceversa toxicity G1/2 was higher (92.9% vs 73%), mainly nausea and diarrhoea. The overall toxicity was 70.5% for G1/2 and 18.2% for G3.

Pts toxicity evaluation was excellent in 74.5% of cases with classic dosing and 99% with the metronomic one. Overall more than 90% Pts appreciated the higher autonomy level.

**Conclusions:** osVNR is safe and very appreciated in metastatic breast cancer Pts. Our experience confirm that the oral route is time sparing both for Pts and Institutions. There is little difference between public and private

institutions. Under an overall point of view of Pts, Families and Oncology Centers this is an important added value which strongly reduces the pure cost for drug. There is margin of improvement working on logistics for blood drawing and further reducing the number of accesses.

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### Final Results of a Phase II Study of the Combination of Oral Vinorelbine (NVBo), Capecitabine (X) and Trastuzumab (H) in HER2-positive Metastatic Breast Cancer (MBC)

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**Background:** Chemotherapy (CT) plus trastuzumab (H) is the standard first-line treatment for HER2-positive MBC. H plus vinorelbine regimen is among the most active and well-tolerated options in this setting. The all-oral CT combination of NVBo and X has shown activity and good tolerability in MBC. In this abstract, we report the final results of an international phase II trial evaluating NVBo + X + H in HER2-positive MBC.

**Material and Methods:** Main eligibility criteria included: HER2-positive disease (3+ IHC or FISH+), measurable metastatic disease previously untreated by CT, Karnofsky PS  $\geq 70$ . Study treatment (until progression): NVBo was given as a 80 mg/m<sup>2</sup> dose (following a first cycle at 60 mg/m<sup>2</sup>) D1 & D8 every 3 weeks, X at 1000 (750 if  $\geq 65$  y) mg/m<sup>2</sup>/bid D1–D14 every 3 weeks, H at 4 mg/kg on D1 (loading dose) then 2 mg/kg i.v. weekly starting on D8.

**Results:** Main patient (pt) characteristics in the full population (n = 50): median age: 53.5 years (18%  $\geq 65$ ); prior (neo)adjuvant CT 54%; visceral involvement 82%;  $>2$  metastatic sites 34%; median number of cycles: 10 (range:1–81); 72% of pts received more than 6 cycles, 58% more than 8 cycles and 32% more than 16 cycles; median number of NVBo administrations: 20 (range:1–161); median number of H administrations: 30 (range:1–251); median relative dose intensity: NVBo 76%, X 78%, H 96%; G3/4 adverse events per pt: neutropenia 71%, hand-foot syndrome 20%, diarrhoea 16%, vomiting 12%, asthenia 8%, febrile neutropenia 8% (0.5% of cycles), infection 6%, LVEF decline 4%, alopecia (grade 2) 14%. Efficacy (n = 44 evaluable pts): objective response rate (RECIST) 77% (95% CI [62–89]), CR 21%, PR 57%, SD 18%, PD 5%, disease control (CR+PR+SD  $\geq 6$  months) 93% (95% CI [81–99]); median duration of response was 13.3 months (95% CI [9.8–15.7]). Median progression-free survival was 12.8 months (95% CI [10.8–16.9]) and median overall survival was 47.0 months (95% CI [30.5–64.3]). 3 pts are still receiving full study treatment.

**Conclusions:** The oral regimen of NVBo and X combined with H has shown high anti-tumoral efficacy in pts. with HER2-positive MBC. Toxicity profile was acceptable, with, in particular, a very low rate of alopecia. Full treatment could be maintained until progression of the disease in the majority of pts.

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### Tartrate-resistant Acid Phosphatase and C-terminal Telopeptide of Type I Collagen as Serum Tumor Markers in Women with Bone Metastases From Breast Cancer

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**Background:** Breast cancer (BC) remains one of the first leading causes of death in women over the age 50. Bone is the first site of distant metastases in patients with BC. Bone lysis induced by cancer cells invading the bone and promoting degradation of mineral matrix, together with the production of PTH-like peptides represent the mechanisms of cancer-induced hypercalcemia. Bone metastases (BMs) are a frequent complications in BC. They are usually detected by whole body bone scintigraphy, which unfortunately presents low sensitivity and specificity, visualizing areas of increased osteoblastic activity. In patients with BMs a number of urinary and serum markers are altered. Tartrate-resistant acid phosphatase (TRACP5b), specifically derived from osteoclasts, is a promising marker of bone resorption. Moreover, increased concentrations of carboxy-terminal telopeptide of type I collagen (ICTP), a cross-linked